

**ACTION PLAN 2025-26
PG DEPARTMENT OF PSYCHOLOGY**

June	PTSD awareness program Men's Mental Health Awareness Program International Yoga Day Program Department meeting
July	Extension Program
August	National Grief Awareness Day Program Department meeting
September	Suicide Prevention Day Program
October	Mental Health Day Program Mental illness Awareness week Association inauguration Institution visit
November	Childrens' day Extension Program Department meeting Research related workshop
December	World disability Day Program Alumni meet
January	Department meeting Career guidance Program Mental Wellness Month --Activities
February	Time to Talk day Program Childrens' mental health week(9-15)
March	Department meeting